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| **Eagle Menu** | |
| **Sun. Snack** | Hot Dogs, Water |
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| **Mon. Breakfast** | Breakfast Scramble, Bananas, Milk |
| **Mon. Lunch** | Chicken Fajitas , Oranges, Tang |
| **Mon. Dinner** | Country Sausage Macaroni and Cheese, Apple Blueberry Crisp, Water |

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| **Hot Dogs** | |
|  | 2 Per Person Hot Dogs |
| **Option 1:** Bring water to a boil, add Hot Dogs and cook until warm  **Option 2:** Sharpen a stick, or grab a roster stick.  Cook over an open flame until reaching desired color.  Don't forget some toppings! | |

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| **Breakfast Scramble** | |
| 1 Lb Bacon 1 Lb Smoked Sausage, Sliced 1 Green Pepper, Diced 1 Red Pepper, Diced 8 Ounces Fresh Mushrooms, Sliced 2 (Medium) Onions, Diced | 18 Eggs 2 Cups Shredded Cheddar Hot Sauce - Optional Salsa - Optional 1 Bunch Green onions |
| Cook bacon until partially done. Add the smoked sausage and continue cooking. Add the vegetables and cook until soft.   **Drain well before adding the eggs.**   Scramble together until firm. Add cheese on top and cook a minute or two longer to melt.   Serve with hot sauce or salsa. | |

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| **Chicken Fajitas** | |
| 2 Tomatoes 1 Onion 1 Green Pepper 2 Cups (8-oz) Shredded Cheddar Cheese | 1 Pint Sour Cream 8 Tortillas 8 Chicken Breasts 1 (Pouch) Fajita / Taco Seasoning |
| Prepare each part and set up so people can construct their own favorites.   * Dice tomatoes and onions and place in a bowl * Slice peppers and onions and sauté in a Dutch oven, remove to a bowl * Put out shredded cheese and sour cream * Place rack in Dutch oven along with a little water.  Add tortillas and steam until warm. * Grill chicken breasts on griddle or Dutch oven lid.  Slice into strips when done. | |

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| **Country Sausage Macaroni and Cheese** | |
| 1 Lb Bulk Sausage 1 Can Sliced Mushrooms 1 1/2 Cups Milk 3 Green Onions, Sliced 12 Ounces Shredded Cheddar Cheese | Sprinkle of Pepper, Cayenne Preferred 1/2 Cup Mustard 12 Ounces Elbow Macaroni 1 Can Diced Tomatoes 2 Teaspoons Parmesan Cheese |
| Cook Sausage in Dutch oven, drain. Cook macaroni per package directions.  Drain. Combine milk, cheese, mustard. Cook and stir in small pot until mixture is smooth. Mix with sausage, tomatoes, onions, mushrooms, pepper and cooked macaroni in Dutch oven. Mix well and bake for 15-20 minutes. Stir will and sprinkle with Parmesan cheese. Bake 5 minutes more. Let stand for 10 minutes before serving. | |

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| **Apple Blueberry Crisp** | |
| 4 Cups tart apples, sliced peeled 2 Cups blueberries 1/4 Cup packed brown sugar | 1/4 Cup orange juice concentrate 2 Tablespoons Flour 1 Tsp cinnamon |

1 Cup old fashioned oats  
1/2 Cup packed brown sugar  
2 Tablespoons flour  
1/2 Tsp ground cinnamon  
1/3 Cup cold butter, cubed  
Combine first six ingredients in Dutch oven.  In a bowl combine dry topping ingredients and cut in butter into squares until mixture is crumbly.  Sprinkle over the fruit.  Bake 35-40 minutes until topping is golden and fruit is tender.     
  
**Food List (For Recipe Ingredients)**

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| 2 Cups 8-oz Shredded Cheddar Cheese 1 Lb Bacon 2 Cups blueberries 1 Lb Bulk Sausage 8 Chicken Breasts 1 Tsp cinnamon 1/3 Cup cold butter 1 Can Diced Tomatoes 18 Eggs 12 Ounces Elbow Macaroni 2 Tablespoons flour 2 Tablespoons Flour 8 Ounces Fresh Mushrooms 1 Bunch Green onions 3 Green Onions 2 Green Pepper 1/2 Tsp ground cinnamon 2 Per Person Hot Dogs Hot Sauce 2 Medium Onions 1 1/2 Cups Milk 1/2 Cup Mustard | 1 Cup old fashioned oats 1 Onion 1/4 Cup orange juice concentrate 3/4 Cup packed brown sugar 2 Teaspoons Parmesan Cheese 1 Pouch Fajita / Taco Seasoning 1 Red Pepper Salsa 2 Cups Shredded Cheddar 12 Ounces Shredded Cheddar Cheese 1 Can Sliced Mushrooms 1 Lb Smoked Sausage 1 Pint Sour Cream Sprinkle of Pepper, Cayenne Preferred 4 Cups tart apples 2 Tomatoes 8 Tortillas |

**Other Ingredients and Items**

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| **Breakfast Items** 1x Bananas 1x Milk  **Lunch Items** 1x Oranges 1x Tang  **Dinner Items** 1x Water   **Snack Items** 1x Water |