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| **Falcon Menu** | |
| **Sun. Snack** | Grilled Ham & Cheese Sandwiches, Water |
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| **Mon. Breakfast** | Dutch Oven Denver Omlette, OJ |
| **Mon. Lunch** | Chicken Fajitas , Water, Chips of patrol members choice |
| **Mon. Dinner** | Country Sausage Macaroni and Cheese, Homemade Ice Cream , Tang |
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| **Tue. Breakfast** | Bacon-Cheese Trail Omelets , OJ |

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| **Grilled Ham & Cheese Sandwiches** | |
| Bread Butter | Sliced Deli Ham Sliced American Cheese |
| Butter two slices per sandwich and assemble ham and cheese on bread with buttered side out.  Place on griddle and turn when brown.  Keep warm until ready to serve. | |

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| **Dutch Oven Denver Omlette** | |
| 16 Eggs 1 Cup half-and-half cream 2 Cups shredded cheddar cheese | 2 Cups ham, finely chopped, fully cooked  1/2 Cup green pepper, finely chopped 1/2 Cup onion, finely chopped |
| In a large bowl, beat the eggs.  Add the cream and beat with wire whisk until blended.  Stir in the rest of the ingredients.  Pour into a Dutch oven.  Bake about 45 minutes until golden brown and cooked in the middle. | |

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| **Chicken Fajitas** | |
| 2 Tomatoes 1 Onion 1 Green Pepper 2 Cups (8-oz) Shredded Cheddar Cheese | 1 Pint Sour Cream 8 Tortillas 8 Chicken Breasts 1 (Pouch) Fajita / Taco Seasoning |
| Prepare each part and set up so people can construct their own favorites.   * Dice tomatoes and onions and place in a bowl * Slice peppers and onions and sauté in a Dutch oven, remove to a bowl * Put out shredded cheese and sour cream * Place rack in Dutch oven along with a little water.  Add tortillas and steam until warm. * Grill chicken breasts on griddle or Dutch oven lid.  Slice into strips when done. | |

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| **Country Sausage Macaroni and Cheese** | |
| 1 Lb Bulk Sausage 1 Can Sliced Mushrooms 1 1/2 Cups Milk 3 Green Onions, Sliced 12 Ounces Shredded Cheddar Cheese | Sprinkle of Pepper, Cayenne Preferred 1/2 Cup Mustard 12 Ounces Elbow Macaroni 1 Can Diced Tomatoes 2 Teaspoons Parmesan Cheese |
| Cook Sausage in Dutch oven, drain. Cook macaroni per package directions.  Drain. Combine milk, cheese, mustard. Cook and stir in small pot until mixture is smooth. Mix with sausage, tomatoes, onions, mushrooms, pepper and cooked macaroni in Dutch oven. Mix well and bake for 15-20 minutes. Stir will and sprinkle with Parmesan cheese. Bake 5 minutes more. Let stand for 10 minutes before serving. | |

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| **Homemade Ice Cream** | |
| 2 Cups cream 2 Cups milk 2 small instant puddings 2 1-gal freezer Ziploc bags | 1 2-gal freezer Ziploc bag Crushed ice Rock salt Pair of gloves or mittens |
| Mix milk cream & pudding in 1 gallon bag. Remove all the air and seal and place in second 1-gallon bag. Remove all the air and seal. Place into 2-gallon bag along with layers of crushed ice and rock salt. Remove all the air and seal. Squeeze and move bag around for 30 minutes. Let each Patrol member do it for five minutes. Mix the ingredients without rupturing the bags. Let stand for five minutes then carefully open the bag. Wipe off the inner bag really well so you don't get salt in your ice cream! | |

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| **Bacon-Cheese Trail Omelets** | |
| 2 (per person) Eggs Bacon Bits | Shredded Cheddar Cheese Salt and Pepper Quart Ziploc Bags (Freezer) |
| Fill your clean pail ¾ full of water and put it on to boil.  Crack eggs into a bowl, add salt & pepper and beat until smooth.  Divide evenly into bags for each patrol member.  Next add cheese and bacon to each and remove the air and seal.  Drop them into the boiling water and cook 10-12 minutes, turning carefully with your tongs.  Carefully remove and dump onto your plates.  Make some toast on your griddle while these are cooking for a more complete meal.  When you are done, wipe down the griddle and your cleanup water is ready! | |

**Food List (For Recipe Ingredients)**

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| 2 1-gal freezer Ziploc bags 1 2-gal freezer Ziploc bag 2 Cups 8-oz Shredded Cheddar Cheese Bacon Bits Bread 1 Lb Bulk Sausage Butter 8 Chicken Breasts 2 Cups cream Crushed ice 1 Can Diced Tomatoes 16 Eggs 12 Ounces Elbow Macaroni 3 Green Onions 1/2 Cup green pepper 1 Green Pepper 1 Cup half-and-half cream 2 Cups ham 2 Cups milk 1 1/2 Cups Milk 1/2 Cup Mustard 1/2 Cup onion | 1 Onion Pair of gloves or mittens 2 Teaspoons Parmesan Cheese 2 per person Eggs 1 Pouch Fajita / Taco Seasoning Quart Ziploc Bags (Freezer) Rock salt Salt and Pepper 2 Cups shredded cheddar cheese 12 Ounces Shredded Cheddar Cheese Shredded Cheddar Cheese Sliced American Cheese Sliced Deli Ham 1 Can Sliced Mushrooms 2 small instant puddings 1 Pint Sour Cream Sprinkle of Pepper, Cayenne Preferred 2 Tomatoes 8 Tortillas |

**Other Ingredients and Items**

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| **Breakfast Items** 2x OJ  **Lunch Items** 1x Chips of patrol members choice 1x Water  **Dinner Items** 1x Tang  **Snack Items** 1x Water |