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| **Falcon Menu** | |
| **Fri. Snack** | Grilled Ham & Cheese Sandwiches, Water |
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| **Sat. Breakfast** | Apple-Sausage French Toast , Oranges, Got chocolate |
| **Sat. Lunch** | Cabbage and noodles/kielbasa (Haluski), Milk, Bananas |
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| **Sun. Breakfast** | Peanut Butter French Toast, Milk |

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| **Grilled Ham & Cheese Sandwiches** | |
| Bread Butter | Sliced Deli Ham Sliced American Cheese |
| Butter two slices per sandwich and assemble ham and cheese on bread with buttered side out.  Place on griddle and turn when brown.  Keep warm until ready to serve. | |

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| **Apple-Sausage French Toast** | |
| 1 Lb Bulk Pork Sausage 4 Apples 12 Eggs 3 Cups Milk | 1/2 Cup Maple Syrup 1/2 Tsp Nutmeg 24 Slices Thick French Bread |
| Cook sausage, drain, remove to a bowl.  Place apples in that same oven and cook 3-5 minutes or until tender, stirring occasionally.  Remove  to a bowl.  In your Dutch oven, place half the bread.  Top with the sausage and apples.  Then top with the remaining bread.  Whisk together the eggs.  Add milk, syrup and nutmeg.  Pour over top.  Bake for an hour or until the eggs are set and the bread is golden.   If it is a cold campout or you have a cool place, you can assemble this the night before and then just bake it in the morning. | |

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| **Cabbage and noodles/kielbasa (Haluski)** | |

1 Bag Egg Noodles, boil water

**protein**

1 Package kielbasa, cut into bite sized pieces

**vegtable**

2 Bags onion, dice into thin noodle like strands  
1 Head cabbage, dice into thin noodle like strands

**dairy**

1 Stick butter, use in cooking  
In large pot boil water. dice cabbage and onions into thin noodle like strands. cut kielbasa into bite sized pieces. add onions, cabbage, and kielbasa into Dutch with 1/2 stick of butter to cook thoroughly. once water boils add egg noodles and cook till aldente. once noodles are aldente and Dutch items are thoroughly cooked add noodles to Dutch. add 1/2 stick of butter and cook till noodles are browned. salt and serve.

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| **Peanut Butter French Toast** | |
| 1 Jar Peanut Butter 1 Jar Jelly | 12 Eggs 1 Cup Milk 16 Slices Bread - 2-4 slices per person |
| Make peanut butter and jelly sandwiches for each member of patrol.  Beat 1 dozen eggs with 1 cup of milk.  Dip sandwiches in egg mixture and fry as you would French toast. | |

**Food List (For Recipe Ingredients)**

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| 4 Apples Bread 16 Slices Bread 1 Lb Bulk Pork Sausage 1 Stick butter Butter 1 Head cabbage 1 Bag Egg Noodles 24 Eggs 1 Jar Jelly 1 Package kielbasa 1/2 Cup Maple Syrup | 4 Cups Milk 1/2 Tsp Nutmeg 2 Bags onion 1 Jar Peanut Butter Sliced American Cheese Sliced Deli Ham 24 Slices Thick French Bread |

**Other Ingredients and Items**

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| **Breakfast Items** 1x Got chocolate  1x Milk 1x Oranges  **Lunch Items** 1x Bananas 1x Milk  **Snack Items** 1x Water |