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| **Hawk Menu** | |
| **Sat. Breakfast** | Scrambled French Toast, Bacon, Milk |
| **Sat. Dinner** | Country Sausage Macaroni and Cheese, Lemonade |
| **Sat. Dessert** | Apple Cake |

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| **Scrambled French Toast** | |
| 8 Eggs 1 Stick Butter 6 Tablespoons Sugar 2 Cups Milk | 1/4 Tsp Nutmeg 1 Tsp Salt 16 Slices Bread, Cubed 1 Tsp Cinnamon |
| Beat eggs, milk, sugar, and spices.  Melt butter in Dutch oven.  When hot, pour in egg mixture and bread cubes.  Cook with folding strokes until golden brown.  Serve with syrup. | |

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| **Country Sausage Macaroni and Cheese** | |
| 1 Lb Bulk Sausage 1 Can Sliced Mushrooms 1 1/2 Cups Milk 3 Green Onions, Sliced 12 Ounces Shredded Cheddar Cheese | Sprinkle of Pepper, Cayenne Preferred 1/2 Cup Mustard 12 Ounces Elbow Macaroni 1 Can Diced Tomatoes 2 Teaspoons Parmesan Cheese |
| Cook Sausage in Dutch oven, drain. Cook macaroni per package directions.  Drain. Combine milk, cheese, mustard. Cook and stir in small pot until mixture is smooth. Mix with sausage, tomatoes, onions, mushrooms, pepper and cooked macaroni in Dutch oven. Mix well and bake for 15-20 minutes. Stir will and sprinkle with Parmesan cheese. Bake 5 minutes more. Let stand for 10 minutes before serving. | |

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| **Apple Cake** | |
| 2 Cups flour 2 Cups sugar 1 Tsp baking powder 1 Tsp baking soda 1 Tsp cinnamon 1/2 Tsp nutmeg | 1/2 Tsp salt 4 Cups apples, finely chopped 1/2 Cup walnuts, chopped 1/2 Cup soft butter 2 Eggs |
| Spray Dutch oven with cooking spray.  In a large bowl, sift all dry ingredients.  Add apples, nuts, butter, and eggs.  Beat until just combined.  It will be thick.  Pour into oven and bake 1 hour or until it springs back when lightly touched. | |

**Food List (For Recipe Ingredients)**

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| 4 Cups apples 1 Tsp baking powder 1 Tsp baking soda 16 Slices Bread 1 Lb Bulk Sausage 1 Stick Butter 1 Tsp cinnamon 1 Tsp Cinnamon 1 Can Diced Tomatoes 10 Eggs 12 Ounces Elbow Macaroni 2 Cups flour 3 Green Onions 3 1/2 Cups Milk 1/2 Cup Mustard 1/2 Tsp nutmeg | 1/4 Tsp Nutmeg 2 Teaspoons Parmesan Cheese 1/2 Tsp salt 1 Tsp Salt 12 Ounces Shredded Cheddar Cheese 1 Can Sliced Mushrooms 1/2 Cup soft butter Sprinkle of Pepper, Cayenne Preferred 2 Cups sugar 6 Tablespoons Sugar 1/2 Cup walnuts |

**Other Ingredients and Items**

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| **Breakfast Items** 1x Bacon | **Breakfast Drinks** 1x Milk  **Dinner Drinks** 1x Lemonade |