

Personal Equipment List- Backpacking

Full uniform - to wear down and back

Change of clothes to wear hiking the trail

Pack with frame and hip belt – **See note below**

Sleeping bag in stuff sack and/or garbage bag, attached to pack

Change of clothes - for on the trail and for the Sunday hike out

Hiking boots/ Trail shoes

Extra socks

Tennis shoes - to wear once you get to the campsite

Poncho or rain gear

Pocketknife

Jacket or sweatshirt

Waterproof case with matches/ or sparker/ or lighter

Partial roll of toilet paper

Compass

Plastic bags-different sizes (used to pack your clothes to protect them from getting wet)

Small flashlight with fresh batteries

Plate, cup, silverware

Water bottle or two filled before you leave

Soap, toothbrush, toothpaste, small towel, and washcloth

Foot powder, Band-Aids, moleskin

Insect repellent

Remember:

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- Mark all gear with your name & keep it as light as possible
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- Keep half your pack space open for carrying "crew gear"
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- All your gear should be packed in individual plastic bags.

***Backpacks** are available for use from the troop for scouts who have small hips and short torsos. We don't recommend purchasing backpacks until after consulting an ASM or looking at our supply.